

Sport at RPS

2022



Let's differentiate...

For the purposes of this presentation...

'PDHPE' - refers to the NSW PDHPE curriculum informing weekly lessons in classrooms in both the PDH and PE strands.

'Sport' - generally referring to other sporting programs the school offers *in addition* to the above such as PSSA 3-6, Carnivals and Zone Trials

Introduction to PDHPE curriculum for separate years and groups

- NSW PDHPE Curriculum covers Kindergarten through to Year 10
- A remarkably large curriculum as it covers PDH (Personal Health and Development) and PE (Physical Education)
- Put simply PDH covers wellbeing, emotional and physical changes, healthy eating, road safety, water safety, problem solving, child protection, drug education, and human development (Year 6)
- PE covers physical activity in the form of fundamental movement skills and skills in a variety of sports as students move through the grades
- K-6 PDHPE programs are taught in the classroom. From Year 3, students participate in carnivals and PSSA trials. This is **additional** to the aforementioned programs
- Often taught in a staggered way to account for limited time (e.g. 1 week is a PDH lesson, the next is a PE lesson)
- Programs are *generally* taught semesterly (over two terms)
- Child development is supported by DOE approved providers. This is due to issues for teachers that may arise in discussing matters of an explicitly sexual nature with students in these lessons while maintaining a professional separation in such matters in all other relationships with children.

Early Stage 1

ES1 (Kindergarten):

Term 1

Fundamental Movement Skills 1 **(PE)**
Making Friends (Buddy Program) **(PDH)**

Term 2

Fundamental Movement Skills 2 **(PE)**
Healthy Choices **(PDH)**

Term 3

Fundamental Movement Skills 3 **(PE)**
Keeping Safe **(PDH)**

Term 4

Gymnastics **(PE)**
Me and my Body **(PDH)**

Specific Notes:

Gymnastics taught by outside provider as a qualified coach must be present.
Mr Brown and Ms Thompson deliver PE lessons to Kindergarten classes. Forms part of the RFF timetable for these teachers.

Stage 1

Year 1

Term 1

Fundamental Movement Skills (PE)
Making Safe Choices (PDH)

Term 2

Dance (PE)
Keeping Ourselves Safe (PDH)

Term 3

Fundamental Movement Skills (PE)
All About Me (PDH)

Term 4

Fundamental Movement Skills (PE)
Caring and Respectful Relationships (PDH)

Year 2

Term 1

Swimming (PE)
Keeping Safe and Healthy (PDH)

Term 2

Fundamental Movement Skills (PE)
Keeping Safe (PDH)

Term 3

Fundamental Movement Skills (PE)
Healthy Relationships (PDH)

Term 4

Safe and Fair Activities (PE)
Feelings, Emotions and Where I Belong (PDH)

Specific notes:

Dance program in Y1 run by outside provider (Footsteps). Swimming conducted at UNSW pool by certified instructors and supervised by Year 2 teachers.

Stage 2

Year 3

Term 1

T-Ball (PE)

Managing Emotions (PDH)

Term 2

Dance (PE)

Identity (PDH)

Term 3

Netball (PE)

Our Safety (PDH)

Term 4

Netball (PE)

Being Healthy (PDH)

Year 4

Term 1

AFL (PE)

Building Relationships - Buddy Program (PDH)

Term 2

AFL (PE)

Food and Fitness (PDH)

Term 3

Cricket (PE)

Managing Change (PDH)

Term 4

Cricket (PE)

Personal Safety (PDH)

Specific notes:

Dance program in Y3 run by outside provider (Footsteps)

Stage 3

Year 5

Term 1

Soccer (PE)

Personal Safety (PDH)

Term 2

Soccer (PE)

Seeking Help and Services (PDH)

Term 3

Rhythmic Gymnastics (PE)

Eating and Exercising (PDH)

Term 4

Gymnastics (PE)

Wellbeing (PDH)

Year 6

Term 1

Athletics & Cross Country (PE)

How We Keep Safe (PDH)

Term 2

Athletics & Cross Country (PE)

Managing Change and Child Protection (PDH)

Term 3

Basketball(PE)

Relationships (PDH)

Term 4

Basketball (PE)

How We keep Safe (PDH)

Specific notes:

Year 6 Managing Change (physiological and relationships) run by Interrelate program.

Year 5 Term 4 Gymnastics run by outside provider. Same as Kindergarten. Requires a qualified coach.

- There is no official PDHPE coordinator for PDHPE K-2
- PE is taught in Kindergarten by Mr Brown and Ms Thompson
- PDHPE is taught in Year 1 and 2 by classroom teachers and some outside providers (see previous slides)
- Students of a certain age are able to participate from Year 2 in carnivals. Only encouraged to participate based on age as well as competence in a certain area.

PDHPE 3-6

- There is no official PDHPE coordinator for PDHPE 3-6
- PDHPE is taught in Year 3-6 by classroom teachers and some outside providers (see previous slides)
- From Year 3, students are afforded the chance to participate in PSSA trials (Summer and Winter) and all three carnivals (Swimming, Cross Country and Athletics)
- PSSA is coordinated by Mr Hammond and overseen by myself and Ms Robinson (previous PSSA coordinator)

PSSA Overview

- **Summer PSSA (Terms 1 and 4)** - Mixed Cricket, Girls Cricket (modified rules), Mixed Basketball, Boys and Girls Touch Football. Runs from 9:00-11:00 on Friday morning.
- **Winter PSSA (Terms 2 and 3)** - Girls Soccer, Boys Soccer, Mixed Rugby League/Union, Netball and Mixed AFL. Runs from 1:00-3:00 on Friday afternoon.
- All sports offered have Junior (Years 3 and 4) and Senior (Years 5 and 6) teams
- Trials conducted prior to the selection of teams based on the RPS selection policy which is attached to every permission note
- Trials are *always objective and never based on outside participation in a particular sport.*
- Selection criteria focuses on the following: ability and skill level, sportsmanship, cooperation/attitude and commitment to training sessions.
- Students are not forced to participate in a PSSA trial and are able to participate in games for School Sport during trial process.

PSSA Overview cont.

- Staffing requirements for trials are generally one teacher and one assistant (to make sure students are being assessed fairly). These are subject to change based on how many students are at each trial.
- Staffing requirements for teams are one teacher per team e.g. Junior Girls Soccer, Senior Mixed Cricket.
- Students who do not participate in PSSA remain at school and participate in School Sport. This is provided by an outside provider - 'TransformUs'

School Sport Overview

- Provided by 'TransformUs'
- Students are put into groups with members from their grade/stage and they participate in rotations throughout the sporting period.
- The idea of School Sport is to give students the chance to learn skills in various games e.g. Soccer, OzTag/Touch Football, Basketball, Netball and apply these in modified games.
- Program is provided by certified instructors, teachers (from RPS) and supported by university students.

Carnivals

- Three school carnivals are run throughout the school year
- Each serves the dual purpose of being a great school event and offering a representative pathway in their respective areas
- Swimming (Early Term 1), Cross Country (Early Term 2), Athletics (Early Term 3) and Infants Athletics (Term 3).
- Carnivals are offered to all students in Years 3-6 and students in Year 2 who **meet the age requirement (turning 8 that year) and demonstrate an aptitude in a particular activity**. The latter is determined by parents. Cross Country caters to ALL Year 2 students.
- Students who compete at a high level may make it through to the SCPSSA Zone Carnival and beyond (regional, state, national). In the case of Cross Country - we run a 7 y/o race for our school carnival, however this is not reflected at Zone.
- Zone/Regional and beyond carnivals **are not** run by Randwick PS. Teachers are required to volunteer for the Zone stage and **may volunteer** for regional and above.

PSSA Explanations

- PSSA is a *representative pathway and G&T program*. Therefore, it must be merit based. Suggestions that PSSA should be rotational (however well-intentioned) cannot be accommodated if we remain a part of the SCPSSA Zone
- Furthermore, students who demonstrate '*exceptional skills*' in certain sports may also participate in Zone Trials (with permission from parents/caregivers), provided they are part of their school team. This pathway leads all the way up to State and National representation if a child is successful in each trial.
- Therefore, a rotational (participatory) approach negates student participation in the aforementioned Zone Trials as per the SCPSSA, SEPSSA and NSW PSSA selection criteria for each sport.
- Each year concerns are raised about team selections and teachers work extremely hard to make sure trials are objective. Sometimes selections differ as it is based on performance *on the day of the trial*. Sometimes I wonder: ***"if every trial was 100% objective and reflective of a student's ability, would the teams ever change?"***

PSSA Explanations

- Due to the size of the school and number of students who demonstrate aptitude in various sports mean that trials are more competitive than at other (generally smaller) schools.
- Numbers of students that we take to PSSA are dictated by the Zone and modelled on how many other teams other schools are sending. To that end, we do often ask if we can send more teams.
- Teachers are briefed explicitly on not drawing any difference or attention to participation in PSSA vs School Sport. Every child is treated equally.
- Introduced School Sport jerseys in 2020 in order to break down the 'uniform' issue between PSSA and non-PSSA students on Friday.

Frequently Asked Questions

Why can't parents coach/train teams?

Teachers are employed by the Department of Education and have an extremely high duty of care. Parents (even those with Appendix 5 and WWCC) are not permitted by law to supervise children alone in a school operated by the department. This particularly pertains to taking students to and from venues either on foot or by bus.

What if they did it in consultation with teachers?

There are no formal procedures for division of labour and supervision between teachers and parent volunteers. Ultimately, the responsibility ***will always*** fall with the teacher and to that end, they should be responsible for the training program and participation in games. Furthermore, there are no official guidelines for resolving disputes between parent volunteers/coaches and the wider school community. Teachers are trained and guided to run their teams (and everything at school for that matter) with fairness and an impartial, supportive attitude. Additionally, teachers have access to executive and school support who can assist them in the event of concerns being flagged by the wider community. There are no formal supports or processes in place for parent volunteers.

Why can't we provide funding for coaches for sports?

While PSSA is competitive, this is not the sole purpose of the program. It also highly values sportsmanship and teamwork. It must be equitable for all schools/teams who participate in the competition. It would *not be equitable* if some schools were able to provide elite coaches for certain sports and some were not. Sports fees must also be kept within reach of all students and not reflect the values of few who are willing to pay above what is considered 'regular' or 'fair' in a public school setting.